



NUMEROLOGY

Calculation of the name numbers: Client Jane Doe

1. For the beginner, it is best to use the name that is on the birth certificate.

2. We will be looking for 6 numbers:

- | | |
|---------------------------------|--|
| 1. Soul Urge Number- | the total of all of the vowels |
| 2. Soul Challenge Number- | subtract the first vowel from the last |
| 3. Self Urge Number- | the total of all of the consonants |
| 4. Self Challenge Number- | subtract the first consonant from the last |
| 5. Expression Number- | sum total of the soul and self urges |
| 6. Expression Challenge Number- | add the soul challenge + self challenge |

LETTER CHART

A J S = 1

F O X = 6

B K T = 2

G P Y = 7

C L U = 3

H Q Z = 8

D M V = 4

I R = 9

E N W = 5

How to set up the chart: Use a blank sheet of paper. Print your full name in the middle leaving space between each letter, and a triple space between the first , middle, last name.

Assign each letter a number

Vowels (soul urge) on top

Consonants(self urge) on the bottom

1st vowel is A = 1 MINUS the last vowel E = 5

$$(1 - 5 = 4)$$

4 SOUL CHALLENGE

$$(6 + 2 = 8)$$

8 SOULS URGE

$$6 \qquad \qquad \qquad 2$$

$$6 \qquad \qquad \qquad (1 + 1 = 2)$$

$$(1 + 5 = 6) \qquad \qquad (6 + 5 = 11)$$

1	5	6	5
J	A	N	E
1	5	4	E

$$(1 + 5 = 6) \qquad \qquad 4$$

$$6 \qquad \qquad \qquad 4$$

$$(6 + 4 = 10 = 1 + 0 = 1) \qquad \qquad 1 \text{ SELF URGE}$$

1ST consonant is J = 1 minus the last consonant D = 4

$$(1 - 4 = 3)$$

3 SELF CHALLENGE

SOUL URGE NUMBER + SELF URGE NUMBER =

$$(8 + 1 = 9)$$

9 EXPRESSION

SOUL CHALLENGE + SELF CHALLENGE

$$(4 + 3 = 7)$$

7 EXPRESSION CHALLENGE

Soul Urge Number: This number expresses the desires or feelings of the person and what motivates them to action.

Add all of the vowels to a single digit number.

Soul Urge Meanings: Both positive and negative

1. Extrovert, dominant leader, ego oriented, large plans and ideas
Impatient, boastful, aggressive, spiteful, vindictive, lacks impulse control
2. Craves company and relationships, cooperates, listens, sensitive, affectionate, like creature comforts
Overly needy, helpless, smothering, clinging, lacks independence
3. Friendly, outgoing, self-expressive, artistic, creative, happy, appreciates beauty
Scattered, undisciplined, superficial
4. Organized, disciplined, dependable, structured
Rigid, restricted, unable to bend in any way
5. Freedom, changes, travel, adaptable, intelligent, varied interest, many friends
Can abuse freedom and pleasure, lacks discipline
6. Loves family and home, responsible, understanding, authority figure, advice giver
Manipulator, makes others feel guilty, controlling
7. Loner, conservative, dreamer, mental
Too detached from people and life
8. Loves power, money, and success, confident, courageous
Tyrants, overbearing, overpowering
9. Seeks knowledge, self-sacrificing, global concerns
Martyrs, easily taken advantage of

Self Urge Number: This number represents what the person needs to become aware of in order to reach their goals. It represents what the person is meant to accomplish and what they need to feel fulfilled.

Add all of the consonants to a single digit number

Self Urge Meanings:

1. To Lead- take on the responsibility of being a leader
2. To Share- become involved with groups, clubs, and organizations, to partner
3. Self Expression- interact and socialize with others, tap your creative talents and abilities
4. To Build- lay solid groundwork for the future, become disciplined and organized
5. Freedom- become adaptable to changes
6. Responsibility- to take on responsibility, to act responsibly
7. To Believe- to have faith in yourself and what you hope to accomplish
8. To Achieve- to become successful
9. To be of Service- become involved with the needs of others.

Expression Number: The expression is what makes people who they are. It is the core personality whether good or bad. It also represents how you come across to other people.

Add together the soul urge number and the self urge number

Expression Meanings:

1. Independent, ambitious, leader, assertive
Tyrant, egotist, aggressive, violent
2. Peacemaker, team player, partner, easy going
Overly emotional, needy, disruptive, passive aggressive
3. Outgoing, self-expressive, social, creative, artistic
Scattered, gossips, overindulges
4. Disciplined, builds, works, routine oriented
Rigid, stern repressed, overly disciplined
5. Free spirit, traveler, seeks knowledge, curious, adaptable
Irresponsible, abuses freedoms, overindulges, self centered
6. Responsible, understanding, family oriented, stable, likes beautiful things
Jealous, interfering, domineering, abuse of power
7. Loners, knowledgeable, spiritual, mystical, dreamers, philosopher
Cold, sad, distant, aloof
8. Fast moving, hard hitting, wants it all: power, money, success
Hardened, overly ambitious, devious, unscrupulous
9. Serve and teach others, sees the bigger picture, visionary
Impractical, bitter, selfish, martyrs

Challenge Meanings:

Soul Challenge: While the soul urge helps the person to make decisions, accepting the challenge helps the person reach their goals.

Subtract the first vowel from the last vowel.

Self Challenge: While the self urge is what the person unconsciously strives toward, accepting and over coming the challenge ensures that they will reach their goal.

Subtract the first consonant from the last.

Expression Challenge: While the expression is the sum total of the personality, accepting the challenge completes it and paves the road for success.

Add the soul urge and self urge together.

Challenge Meanings:

1. Individualize
2. Cooperate
3. Focus
4. Discipline
5. Accept change
6. Take responsibility
7. Spiritual
8. Learn the proper use of power
9. Give to others

Jane Doe's Name Numbers

Soul Urge: 8	Self Urge: 1	Expression: 9
Challenge 4	Challenge 3	Challenge: 7

Jane's soul urge is an 8. This number blesses her with coming into this world seeking success, money, and power.

The soul challenge of 4 requires that she learn discipline before she can attain success.

Jane's self urge is a 1. She is gifted with independence and leadership abilities.

The self challenge is a 3. Meaning, she must learn to focus her abilities.

Jane's Expression is a 9. The teacher, scholar, the global number.

Her challenge is a 7. She must learn to be spiritual, to believe in herself and what she is doing. She must also learn to spend quiet time alone.

Well, Jane has certainly acquired success as an international science fiction writer(8). So, she overcame the soul challenge(4) of discipline. Obviously, she works alone which satisfies the self urge(1). To be successful, she overcame the self challenge of(3). She learned focus. Jane's expression is a 9. That works because she is an international science fiction writer thus traveling out of the country a great deal. She also teaches and mentors-gives back to others. Her expression challenge is a 7. The spiritual number, the loner, Jane had to believe in herself in order to succeed, and she needed quiet time alone to write.